Best Wishes to all our families for a very peaceful and enjoyable holiday.

A reminder that parents are always welcome in the school whether to assist with school programs, attend school assemblies or to speak with teachers (by appointment). If you would like to know how to best assist your child’s education just contact the teacher of your choice or the school office on 63741622.

This Week
Girls Softball Gala Day Wednesday April 10th in Mudgee – good luck girls
Eisteddfod Debating at home Thursday
Rugby League Zone Trials in Dubbo Thursday – good luck boys
Circus Training Mondays 3.30 -5.00pm

Coming Up
ANZAC Day Town Service April 25th – all students are welcome to attend in school uniform. Muster at the Fire Station by 10.30am. It would be nice to have a good turn out from the school.
First day back at school for students is WEDNESDAY May 1st
Ten Dollar Circus

ANZAC Day school service combined with high school Wednesday May 1st (Term 2)

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Principal’s Message

Congratulations
To: Rob O’Connor, Principal of Gulgong High School who retires this week after a long and distinguished career in the service of public education. Mr O’Connor has made a tremendous difference in the lives of a huge number of children in our local area. We all wish him a long and content retirement with our thanks for a job very well done.

To: Everyone for the wonderful effort in dressing up for the Roaring 20’s disco last week.

Thank You
To: Staff, students and parents for a very successful and enjoyable Term 1.

ANZAC Day

ANZAC Day is a day of remembering. It is a day set aside to honour the soldiers, sailors, airmen and nurses who died during the wars. It is a day when ex-servicemen and women from all over Australia march to lay wreaths on their local cenotaphs. In this way they show love and respect for their dead comrades.

After the march they gather to talk over the happy and the sad times they shared. They remember their mates who did not return - those who lie buried on the battlefields of Gallipoli, France, New Guinea, Vietnam and many other places across the world. There were many whose bodies are at the bottom of the sea or lost completely in air crashes. They were young and old, men and women. All left behind saddened families.

For ANZAC Day students take part in a simple ceremony at school to honour those brave people. It is a time to think about the real-life horror of war. It is not make-believe like so much of today’s television. We should remember the millions of people just like the ordinary people of our community who have died in wars - men, women and children from countries all over the world.

We commemorate ANZAC Day so that we do not ever forget the horrors and the sacrifices of war.
The school ANZAC Ceremony will take place at the High School Gymnasium on Wednesday May 1st commencing at around 10.30am. Visitors are welcome.

Students are invited to attend the town ANZAC March on April 25th. Please wear school uniform, bring a hat and assemble at the fire station before 10.30am.

**Sun Safety**
Please provide your child with a school bucket hat or cap and encourage them to wear it.

**P&C News**
P&C meets on the first Wednesday each month at 5.30pm in the Gingerbread house. The next meeting is Wednesday May 1st.

The minutes of meetings are available for download from the school website.

All parents are welcome to attend P&C meetings and to contact the committee on matters to do with the school.

**Canteen**
The Canteen operates on a volunteer basis under Managers Julie Shearer and Brigid Glover. More volunteers are always sought. If you can spare any time to help in the canteen just contact Julie or Brigid on 63 741 060. You can also just walk in and make yourself known at any time.

**School Web Site**
The Gulgong Public School Web Site is at the following address: www.gulgong-p.schools.nsw.edu.au

Please feel free to visit the site for information and photos of activities going on in our school for and with your children. There is a wealth of information about programs, policies and activities at the school.

**This website is going to changeover soon to a new website. Your access to the new site will not change.**

Alan Walker
Principal

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**SCHOOL NEWS UPDATE**

**Home Readers**
There will be **NO** home reading this week. Home Reading will continue **Week 2, Term 2**.

**Student Arrival & Leaving Procedures**
If your child is late or leaving early please come via the school office.

**If your child is late you MUST accompany them to the school front office to sign them in.**

**Library News**
Book Club has arrived, we have an order that has money in a brown paper bag and unfortunately no name. If this order is yours please come to the school office.

**School Veggie Garden**
To get the Veggie garden cleaned up and ready for winter crops, Melissa will be in on Friday from 9.30am, if anyone would like to get involved in the garden. 

**All help is welcome.**

**This Week’s VIRTUE**

**COMPASSION**

**What is Compassion?**
Compassion is having kind feelings toward someone who is hurt or troubled. It is caring deeply and wanting to help, even if you don’t know them. It is being kind and forgiving to someone who has hurt you.

**Why Practice It?**
When people feel hurt or in trouble, they often feel alone. Feeling alone can make things even worse. Without compassion the world is a hard and lonely place. Being compassionate helps us to feel less alone. Compassion helps us to be understanding of others and ourselves.

**How Do You Practice It?**
Compassion begins by noticing when someone seems sad or troubled. Put yourself in their place and ask how you would feel if it were happening to you. Think about how you can help. Take time to listen and then say kind things like “What are you sad about?” and “How can I help?” Be forgiving when others make mistakes. Be a friend when someone needs a friend.

“**Affirmation**
“I have compassion. I notice when someone is hurt or needs help. I take the time to show that I care.”
Habits of Mind
RESILIENCE

How can I be persistent?

- Try even when schoolwork is hard
- Don’t be distracted by others
- Check your work to make sure it’s correct
- Try to complete work even if you think it’s boring
- Listen to the teacher’s instructions
- Finish work instead of playing
- Don’t give up too quickly
- Do what you say you are going to do
- Put your things away

COMMUNITY NOTICES

Family Day Care in Gulgong
Shahn’s Family Day Care
6 White St, Gulgong
Phone: 0429 600 619 for more information.

Mini Ball/Mini Hoops in Gulgong
(Introduction & Skills to Basketball)

When: Tuesday afternoons 4pm - 5pm - commencing Term 2
Venue: Gulgong High School Gymnasium
Ages: Kinder - Year 6
Cost: $30.00
Coach - Geoff Robinson
Contact – Sonya Hamson 0417 407 877
Names and numbers are needed by the end of Term 1.

St Michael’s School Presents a Fun Day of...
Billy Cart Racing

When: 11am Sunday 5th May, 2013
Where: St Michael’s School Dunedoo and Surrounds

Rules:
- All drivers must wear a helmet, gloves, covered foot wear, elbow and knee pads
- All billy carts must be of sturdy construction and have a fixed seat
- All billy carts must have an adequate steering mechanism and working brakes. If rope steering is used it is advisable that a foot brake be used.
- Organisers will check all billy carts on the day and carts will be graded.

BBQ lunch available
Entry Fee: $5
For further information:
Phone Anthony Jones 65759 606

Women’s Health Nurse
At Gulgong HealthOne
A free & confidential service for women of all ages
For appointments, please contact Gulgong HealthOne on 6374 1200.
Women’s Health Clinics occur twice per month
No referral required

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