A reminder that parents are always welcome in the school whether to assist with school programs or to speak with teachers. If you would like to know how to best assist your child’s education just contact the teacher of your choice or the school office on 63741622.

This Week
“Kindy Kapers” Weeks 3 – 6 Monday Tuesday & Wednesdays 1.00 – 3.00
Remembrance Day school service Tuesday 11.00am
Prefect’s Speeches & Elections Friday November 14

Prefect Elections
Prefects speeches will be held this Friday November 14th at 9.45am in the Hall. Parents are welcome to attend. Yr 5 students will receive a separate note with regards to Prefect elections.

Principal’s Message

Congratulations
To: all the Year 5 students who have nominated for prefect. I look forward to hearing their speeches on Friday.

To: Aiden Barnes from 2L who joins the Paparazzi Team this week. Some of his candid photos feature in this newsletter.

Thank You
To: those parents who have returned their School Culture Survey. There are still more than 50% out there – please return them ASAP.

Consultation Survey
In order to assist our planning for the next three years I need parent and community ideas. Attached to this week’s newsletter is a one-page “Consultation Survey” which will give me some feedback about our school’s operation. Your opinions and ideas are valued. Please take the time to respond ASAP.

Enrolments for 2015
Enrolment forms for Kindergarten 2015 are now available at the school office. Enrolment with our school for 2015 in any grade from Kindergarten to Year 6 can be made at the school office at any time. Please contact the school office on 63741622 if more information about our school is required.

If you know of anyone thinking about enrolling at our school or leaving our school please encourage them to contact us ASAP so our planning can be more effective.

Kindergarten 2015
The 2015 Kindergarten Programs will continue with Kindy Kapers this week. Bookings are essential. This week is the LAST week. Contact the School Office on 63741622 for more information.
**Presentation Day**
This year’s Presentation Day will be held in the high school gym and will be one event, K-6. Estimated duration is around 90 -100 minutes and we will commence around 11.00am.

**Ten Dollar Circus**
The Ten Dollar Circus has been booked for a variety of jobs coming up. I appreciate the support parents give to this program in our school and say thank you for getting your children to our gigs.

Coming up:
- **Saturday November 22\(^{nd}\) @ Gulgong Markets from 8.30am Coronation Park**
- **Saturday November 29\(^{th}\) “Circus Under the Stars” @ Glen Willow 5.00-6.00pm**
- **Saturday December 13 – Gulgong Christmas Party in ANZAC Park from 5.30**
- **Saturday Sunday December 27-28  Folk Festival**

Notes with specific details about these events will be sent home. Many thanks in anticipation of your support in getting your children along to these events, especially on the weekends.

**Selective High School Year 7 in 2016**
Application by current Year 5 students for entry in 2016 are now open.

Go to [www.schools.nsw.edu.au/shsplacement](http://www.schools.nsw.edu.au/shsplacement). Read the application information and submit an application online. Parents without internet access can apply at a public library or contact the school for advice. If parents have a disability and cannot use a computer they can contact the High Performing Student Unit on 1300 880 367 or contact the school for advice.

Applications close on 17 November 2014. No late applications will be accepted.

The Selective High School Placement Test will be held on 12 March 2015

**School Self Evaluation Program**
Each year the school evaluates its programs and processes. The usual manner of gathering information is through surveys to parents, staff and students.

This year the major areas for evaluation include School Culture and English.

The English Survey will be sent home soon. Please assist the school by completing and returning the surveys ASAP.

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No names are attached to the surveys so you may be quite frank in your comments.

**P&C News**
P&C meets on the first Wednesday each month at 5.30pm in the Staffroom. The next meeting is Wednesday December 3\(^{rd}\) and will be the Christmas Party. Venue TBA

The minutes of each P&C Meeting are posted on the school’s website.

The P&C will be conducting a raffle for presentation day and will be sending home tickets to families to purchase before the day. The prizes will be the photos displayed below which were donated by the Gulgong Public School Paparazzi Club.

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**CAIEN**
The Canteen operates on a volunteer basis under Managers Tina Doherty & Maree Papworth. More volunteers are always sought. If you can spare any time to help in the canteen just contact Tina or Maree on 63 741060. You can also just walk in and make yourself known at any time.

**School Web Site**
The Gulgong Public School Web Site is at the following address:

www.gulgong-p.schools.nsw.edu.au

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Alan Walker
Principal

**SCHOOL NEWS**

**STARS OF THE WEEK**
KP – Blake
KB – Ruby
KB – Destiny
2L - Danielle
**Healthy Bites**

"Believe it or not, you have a very sophisticated body that signals you to eat when nutrient quotients are low. If you are constantly eating empty foods manipulated by man then the body will never be satisfied and neither will your hunger." Cyndi O'Meara, Changing Habits Changing Lives.

Zucchini Slice

- ½ cup maize flour
- ½ cup unbleached flour
- 2 tsp baking powder
- 1 tsp salt
- 1 tsp rosemary
- 3 cloves garlic, crushed
- 3cm piece ginger, grated
- 1 onion, finely chopped
- 1 red capsicum, finely chopped
- 2 cups grated zucchini
- 2 small carrots, grated
- ½ cup grated cheese
- 5 eggs, beaten
- ¼ cup macadamia oil

Pre heat oven to 180C

Combine dry ingredients in a bowl, then add all other ingredients and mix well. Pour into a greased baking dish and bake for 40 minutes or until golden brown on top.

**How Do You Practice It?**

You practice kindness by noticing when someone or something needs care. Become sensitive to the world around you. Use your imagination to think of things that give others happiness. Find out what habits harm the earth and choose kinder ways to live. When you are tempted to be cruel, to criticize or tease, decide not to do it. Speak kindly instead. Greet people kindly. Take good care of your pets.

**Affirmation**

"I am kind. I look for ways to help others. I show kindness to any person or animal I see. I do all I can to take care of the earth."

**SPORT**

- **Years – K – 1** - have commenced swimming for Sport on a **THURSDAY** (week 2 – week 6).
- **Years 2 – 6** – have commenced on a **WEDNESDAY** (week 2 – week 6).

Please have the Permission Note returned to their class teacher ASAP.

**This week’s “Keys to Success”**

**PERSISTENCE**

What do we say to reward and encourage persistence?

- “You didn’t give up!”
- “You kept trying – great effort!”
- “Making that extra effort will help you learn.”
- “You sure don’t give up easily – well done!”
- Your effort is very important. It will help you succeed.”
- “See, persistence pays off!”
- “It’s great that you understand that to be successful, sometimes you have to do things you don’t feel like doing.”
- “The more you practise the better you become.”

**Canteen Corner**

The ice blocks below are now available at recess: Zooper Doopers, Fruit Bombs and Mony’s.
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