IN TUNE
GULGONG PUBLIC SCHOOL
PART OF CUDGEGONG LEARNING COMMUNITY
“Learning Today Leading Tomorrow”
PO BOX 291, GULGONG, NSW, 2852
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Term 3 – Week 8  Monday, 1 September

A reminder that parents are always welcome in the school whether to assist with school programs or to speak with teachers. If you would like to know how to best assist your child’s education just contact the teacher of your choice or the school office on 63741622.

There will be NO CIRCUS for the rest of Term 3

This Week

Wednesday
“Father’s Day Stall” – Wednesday 3rd
Prices - from $2.00 - $5.00. Classes will attend at various times during the day.

P&C Meeting Wednesday 5.30 in the Staffroom

Thursday
Kite and Book Day Thursday 4th Sept

Principal’s Message

Congratulations
To: Athletes who competed at Western Area last Friday.
   Gabby – 6th Discus
   Chloe – 8th 100m Final
   Mia – 14th overall
   Jayden – 11th overall 800m
   David – 3rd Shot & Discus – 200 heats
   Zane – 7th 800m, 6th 200m, 14th 100m
   Emily – 8th Discus

Katie – heats

Thank You
To: Parents and students for help with the Nursing Home Open Day in Mudgee on Saturday. Students – Marnie, Mia, Chelsea, Aiden, Isabelle, Adelaide, Swae, Jack, Jordan, Mikayla, Olivia, Nikki. Parents Frank & Stacey, Sandra, Annette, Jessica and Kate.

Enrolments for 2015
Enrolment forms for Kindergarten 2015 are now available at the school office.
Enrolment with our school for 2015 in any grade from Kindergarten to Year 6 can be made at the school office at anytime. Please contact the school office on 63741622 if more information about our school is required.

Kindergarten 2015
Information sessions will be held on the 15th October, 2014. 1-30pm and again at 6.00pm

This year’s “Kindy Kapers” program begins 20th October, 2014, Term 4.

Coming Up
“Monsters” Show September 10th - a very visual production helping children overcome fear. - $2
Green Day September 11th – Years 5 & 6
T20 Cricket September 12th – Years 5 & 6
School Concert September 16th & 18th
Term 3 Disco September 17th - Theme – “Monsters”
Kindergarten 2015 Information Session Wednesday October 15th
School Concert – “Ghost Dance – The Message of the Ages”
Tuesday 16th September MATINEE 12 noon - $5.00
Tuesday 16th September EVENING - 6.30pm -
Thursday 18th EVENING - 6.30pm
Evening performances – Adult $10.00
Children - $5.00
Aged Pension/Card Holder ONLY - $5.00
Tickets available from this Wednesday at the school office.

NO TICKET SALES at the door.

School Self Evaluation Program
Each year the school evaluates its programs and processes. The usual manner of gathering information is through surveys to parents, staff and students.
This year the major areas for evaluation include School Culture and English.
Surveys will be sent home in the next few weeks.
Please assist the school by completing and returning the surveys ASAP.
No names are attached to the surveys so you may be quite frank in your comments.

Springtime Bees and Allergies
Please help us to remind students about taking care with bees in the blossoms and being sensible with pollen. If your child has a particular sensitivity to bees or pollen please remind us ASAP to ensure we have the latest information about your child, especially if it is a new allergy.

Magpies, “Spitfire Grubs” & Brown Snakes
Each year around the start of Spring magpies start to nest to raise the next generation of birds. Swooping is an instinctive reaction to what they think is danger to the nest. The students have been asked to wear their hats or carry their bags over their heads while walking in or near the school. This problem is not a big one at the moment.
Snakes, especially Browns, become particularly aggressive at the start of Spring. We sometimes have them in our school. We advise the children they are not allowed behind or under the sheds at the back of the school. Please help advise your children not to play in areas where there are likely to be snakes eg: under piles of timbers or iron; under buildings etc. We have a number of ‘spitfire grubs’ around the school at the moment. These are Sawfly larvae. The boys and girls have been asked not to disturb them; not to try to step on them or interfere with them but to let a teacher know where they are and we will move them along. The insecticide “cure” for these grubs is worse than having them around. They are temporary and are not harmful unless children try to pick them up. They cannot “spit” at all, rather they ooze a sticky substance which tastes awful so that birds or other predators will spit them out if they try to eat them. This substance can sting if put into the eyes and some people may have a reaction on the skin. The following is some information which might be useful.

Steel Blue Sawfly ( Perga dorsalis )
These are not true Caterpillars, but are the larvae of a wasp. When young, these larvae are so gregarious they are often found in a knotted ball of many individuals. When disturbed, they all wriggle their tails and exude a nasty brown fluid from their mouths. They use the tapping of their tails to communicate with each other. They can be either all blue-black, or pied. They are often found feeding on Gum Trees
They pupate in a dark brown cocoon in the leaf litter, and the pupal duration can be two years. An adult wasp ( it is misnamed as a ‘fly’ ) of the genus Perga is big and dark brown or black, with a white spot on the thorax, and a wing span of about 4 cms. The female lays her eggs in a slit she cuts in a leaf of a food plant.
The larvae and adults of this family are quite harmless to people. They do not sting, as their cousins the communal wasps do. Saw Flies are found all over the world.
P&C News
P&C meets on the first Wednesday each month at 5.30pm in the Staffroom. The next meeting is Wednesday September 3rd at 5.30 in the Staffroom (during winter).
The minutes of each P&C Meeting are posted on the school’s website.

School Web Site
The Gulgong Public School Web Site is at the following address:
www.gulgong-p.schools.nsw.edu.au

Alan Walker
Principal

SCHOOL NEWS

STARS OF THE WEEK
KP – Jackson – Always being a helpful member in class
KB – Hayley – A kind & friendly student who tries her best
IH – Chloe – Always trying her best
1G – Campbell – Always giving 100% effort
2L – Nicole – Always helping in class

THIS WEEK’S VIRTUE:
HELPFULNESS

What is Helpfulness?
Helpfulness is being of service. It is doing useful things for people, such as things they cannot do for themselves, something they do not have time to do, or just little things that make life easier. It is important to be helpful to ourselves too, by taking care of our bodies. There are times when we need help from others. That is a good time to ask for help.

Why Practice It?
We all need help sometimes. We need people to teach us, and people to give us their strength or ideas. Sometimes we just need a friend to talk to. If there were no helpfulness, there would be no cooperation. When we practice helpfulness we get more done. We make each other’s lives easier.

How Do You Practice It?
When you are helpful, you care about others. You don’t wait to be asked. You notice what needs to be done and just do it. If you cannot figure out what someone needs, ask them “How can I help?” or “What do you need?” Remember to help yourself by eating healthy foods, exercising and getting plenty of rest. Remember to ask for help when you need it.

“Affirmation”
“I am helpful. I look for ways to be of service. I care for others and myself. I look for helpful ways to make a difference.”

This week’s “Keys to Success”

“Resilience”

Resilience means knowing how to stop yourself from getting extremely angry, down or worried when something bad happens. It means being able to calm down and feel better when you get very upset. It also means being able to control your behaviour when you are very upset so that you bounce back from difficulty and return to work or play.

Positive habits of the mind to help develop resilience include – accepting yourself, taking risks, being independent, working tough and being tolerant of others.

COMMUNITY NEWS

Registration days
Saturday 6/9/14 @ Glen Willow (at soccer),
Friday 12/9/12 at Vic Park
Sat 13/9/14 at Glen Willow (at soccer).

Representative team trials
Under 12s - at Mudgee Public School nets commencing Friday 5/9/14 at 4pm (coach Peter Endacott)
Under 14s – at Victoria Park nets commencing Friday 5/9/14 at 4pm (coach Peter Sibley)
Under 16s – at Victoria Park nets commencing Thursday 4/9/14 at 4pm (coach Greg Parker)

For further information, email mudgeejuniorcricket@gmail.com

Many thanks
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FOR MORE INFORMATION

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